

Program Description

ACC's Sports and Human Performance program reflects the growing national interest in prevention of disease through achievement of optimal health and physical fitness. The program provides graduates with the knowledge and skills to function effectively as health educators, who design, implement, manage and evaluate health promotion and wellness programs in diverse settings such as the workplace, schools, hospitals and the community.

Career Opportunities

ACC Sports and Human Performance graduates leave prepared to instruct or coach groups or individuals in the fundamentals of sports as well as demonstrate techniques and methods of participation. Graduates typically work in the health corporate, community, or commercial fitness professions.

Options

Associate of Arts Degree

Sports and Human Performance..... 66 credit hours
(2 years)

For more information call 281-756-3691 or email Sports@alvincollege.edu.

Alvin Community College does not discriminate against anyone on the basis of race, religion, color, sex, handicap, age, national origin, or veteran status. The College reserves the right to alter or discontinue courses and programs.



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Revised 8/11

Sports and Human Performance

First Semester	credits
Composition I	3
History: The U.S. to 1877 or Texas History	3
General Biology I	4
Intro. to Physical Fitness & Sport	3
Business Computer Applications or Microcomputer Applications	4
Physical Education	1
Second Semester	credits
Composition II	3
History: The U.S. Since 1877 or Texas History	3
Health and Wellness	3
Drug Use and Abuse	3
Physical Education	1
Summer Semester	credits
College Algebra	3
Third Semester	credits
Visual & Performing Arts - Core Curriculum	3
Anatomy & Physiology I	4
American National & State Governments I	3
First Aid	3
General Psychology	3
Fourth Semester	credits
Anatomy & Physiology II	4
American National & State Governments II	3
Coaching Athletics - Baseball/Softball	3
Humanities - Select from Core Curriculum	3
Public Speaking	3
Sports and Human Performance Degree – credit hours	66