

Polysomnography (Sleep Medicine)

Program Description

Polysomnographic (PSG) Technology is an allied health specialty for the diagnosis and treatment of disorders of sleep and daytime alertness. The range of sleep disorders is varied but includes narcolepsy, sleep apnea, insomnia, and many others. PSG technologists operate a variety of electronic monitoring devices that record brain activity (EEG), muscle and eye movement, respiration, and blood oxygen levels. Technologists also help evaluate treatment methods.

ACC offers the only associate degree in polysomnography technology and accredited advanced technical certificate in the Houston area. It is one of only two such programs in the entire state of Texas. The associate degree program prepares students to take the national examination given by the Board of Registered Polysomnographic Technologists (BRPT).

Career Opportunities

Due to the growing public and clinical awareness of sleep disorders and the dramatic effects they have on everyday life, the need for polysomnographic (sleep) technologists is on the rise. Sleep technologists can choose to work in a variety of clinical and professional environments. Hospital or free-standing sleep centers, doctor offices, colleges/universities as well as medical manufacturers all utilize the professional expertise of highly trained sleep technologists. Many sleep technologists have gone into business for themselves developing and operating private sleep centers or sleep study evaluation centers. Opportunities exist for sleep technologists to work from home while evaluating sleep studies generated at other facilities. Current salaries for a Registered Polysomnographic Technologist are in the range of \$46,000 - \$75,000 and up. With recent changes in the field, projected incomes are expected to rise dramatically in the next five years.



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Options

Associate of Applied Science Degree

Polysomnography.....68 credit hours
(2 years)

Advanced Technical Certificate

Polysomnography.....42 credit hours
(1 year)

The Advanced Technical Certificate is open to applicants who have completed a health care program with an Associate Degree.

Program Investment

Approximate cost for the Associate of Applied Science Degree is \$6,500* and the Advanced Technical Certificate is \$4,945*. This investment in your future includes in-district tuition, fees, books, uniforms, and physical. Grants, loans, or scholarships are available to students who qualify.

* Tuition and fees are subject to change without notice.

Advantages of ACC

- Hands-on clinical experience at accredited sleep centers, laboratory practice on campus and physician lectures.
- Dedicated faculty who care about your success.
- Affordable tuition and fees – Financial assistance available to those who qualify.

For more information call [281.756.5655](tel:281.756.5655)
or email SleepStudy@alvincollege.edu

Alvin Community College
3110 Mustang Road • Alvin, TX 77511

281.756.3500

Disability Services
TDD

281.756.3531
281.756.3845

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