

Monday, October 23 9am-3pm | Nolan Ryan Center

2925 South Bypass 35 | Alvin, TX 77511

ACC Polysomnography and Nursing students present the 2023 Health Fair. Students collaborated with local vendors to provide a free educational event.

Topics that will be covered include:

Blood Pressure Screening
Nutrition
Physical Fitness
Sleep Apnea
Stress Reduction

and a variety of other topics that can help to optimize well being!



For more information, contact: Justin Morgan, jmorgan@alvincollege.edu