

TALK SAVES LIVES:

An Introduction to Suicide Prevention

**It's okay to talk about suicide.
Talking about suicide saves lives.**

Join Alvin Community College Counseling Services and the American Foundation for Suicide Prevention for a Talk Saves Lives presentation.

Help us continue to shut down the stigma as we learn about:

- Research on Prevention
- Common Risk Factors and Warning Signs
- Tips for How to Keep Yourself and Others Safe

**Monday, September 23
Noon - 1 p.m. | Student Center**

Light lunch provided by Student Life while supplies last.

***Scan the QR code for
more information about
counseling services!***

