

Social Services

C.A.R.E. SESSIONS

C

Connect

A

Access

R

Resources

E

Empower

Join us as we connect with Community Social Services agencies, linking you to essential resources for nutrition, mental health, and beyond!

- **WIC Program:** Provides personal nutrition and breastfeeding support, helps you purchase the foods your family needs to stay healthy, and guides you toward nearby health-care services. For families with children up to age 5.
- **NAMI Gulf Coast:** Offers volunteer and internship opportunities, local mental health resources, and cutting-edge research to support our community.

THURSDAYS

February 13 - NAMI

March 13 - WIC

April 24 - WIC

11 a.m. - 12:30 p.m.

Student Resource Center, H-109

For more information, email: socialservices@alvincollege.edu

Alvin Community College is an Equal Opportunity Institution.